

Expert Contributors



ELIZABETH COMSTOCK

Interior Design • Elizabeth C Style Interior Design

Elizabeth Comstock is the founder of Elizabeth C. Style Interior Design. Elizabeth is a wife, mom of two and was born and raised in Sacramento. Her design aesthetic is somewhere between traditional and contemporary, with a focus on casual luxury that functions with ease.



DR. PAUL PHILLIPS

Dental Clinic • East Sac Dental

Since 1991, Dr. Paul Phillips has practiced dentistry in East Sacramento. He is joined by his wife, Dr. Suzanne Saidi, and associate Dr. Barry Dunn. The entire team at East Sac Dental is dedicated to creating a small-town dentist feel with a modern touch, embracing innovative technology and personalized wellness.



TIM COMSTOCK

Residential Realtor • Coldwell Banker

Tim is a 5th generation Sacramentan who grew up on 38th street in East Sac. A realtor since 2010, Tim specializes in residential and investment property sales. With every transaction, and with each client, Tim prides himself on communication, integrity and focus.



KEVIN GUINN

Insurance • Farmers Insurance

After serving in the United States Marine Corps, Kevin and his wife Rachel moved to her hometown of Sacramento. In 2007, he joined Farmers Insurance as an insurance and financial services agent. He loves giving his clients peace of mind and helping them with their financial future.



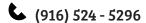
ED GUANILL

Financial Advisor • CA Coast Tax Pros

Ed is a 25+ year veteran in the financial services industry. As an independent Financial Advisor and Fiduciary, Ed particularly enjoys educating his clients on avoiding critical mistakes in retirement and tax-efficient investment strategies. Ed and his wife, Erica, enjoy traveling, playing golf, and boating in San Diego.



BATHROOM REMODELING • KITCHEN REMODELING • WHOLE-HOME REMODEL









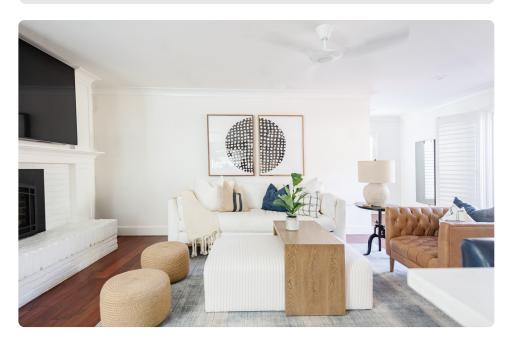


STUNNING SPACES | Elizabeth C. Style



by Elizabeth Comstock, Owner of Elizabeth C. Style | www.ElizabethCStyle.com Interior Photography: Liz Zimbelman | www.LizZimbelman.com

y clients, Ted and Jennifer Kappel lead very busy lives. The couple not only manage their own local East Sac business, Kappel Mortgage Group but they are also very involved parents of two young children. When they came to Elizabeth C. Style seeking help with the design of their home, it was a match made in heaven.









The Kappel House

Every project has its challenges, in the Kappel's home they had a great amount of space but their prior layout wasn't functioning the way they needed it to for their busy family of four. Starting fresh with a new coat of white paint throughout the home gave it an instant brightening. We added layered lighting to bring in functionality and a nice glow with sconces and lamps. We fully furnished the home with performance fabrics and high quality leathers. Keeping in mind the little ones in the home, we selected tables that were steady and stayed away from sharp edges. To finish the spaces and truly give that elevated look, we layered art throughout, beautiful plants, and lots of decor to make the space feel welcoming.

Although we didn't knock down any walls or change the blueprint of the home, the result of this project is an airy, comfortable feel, and our clients love it!

Ted Kappel said, "I have always thought I had a good sense of style but for some reason anything and everything I did to my home never worked out. I would look at a magazine picture and thought it looked amazing but it never looked the same in my home and never fit the room. Elizabeth not only has the best taste but also considers how the space works. I absolutely love what she did to our home. It seems bigger, brighter, we have more storage, and is simply beautiful. I walk in the door and feel like I am at a friend's home that I am jealous of but remember it is all mine! I highly recommend Elizabeth C. Style for interior design services, I love what she did with my home. Seriously magical what she can do!"



If you'd like to get started on your next home project, contact Elizabeth C. Style Interior Design Co. at www.ElizabethCStyle.com or call (916) 873-4586.



TIMOTHY E. MICKIEWICZ, D.D.S.

DIPLOMATE, AMERICAN ACADEMY OF PAIN MANAGEMENT

TMJ Therapy • Sleep Apnea Therapy • Migraine Therapy • Orthodontics

"An educator, constant student, and innovator – I'm passionate in my pursuit of the latest technology and advances to integrate medicine and dentistry and bring comfort to my patients." - Decades of experience serving Northern California - Specializing in complex TMJ and Facial Pain - Pioneer in treatment of Obstructive Sleep Apnea - Orthodontics – both traditional and Invisalign - Expert testimony for medical/legal complications - Proud East Sacramento resident for 40 years 930 ALHAMBRA BLVD., SUITE 110 (916) 469-9168 | DRMICKDDS.COM